

## What are dental implants?

Dental implants are artificial tooth roots made of titanium placed in the jawbone instead of missing teeth in the mouth. Thanks to its titanium composition, it provides 99.9% biological harmony with the body. It is a successful treatment option because it eliminates tooth deficiencies and also stops the melting of the jawbone.



# In which cases should dental implants be made?

People with tooth deficiency experience many problems both functionally and aesthetically. In the absence of teeth, a correct chewing cannot be done. Due to the aesthetic problems and speech disorders that may occur, people's self-confidence may also be affected. In areas where teeth are missing, melting may occur in the jawbone over time.

#### How long will implants last?

It has been observed that implants can remain in the mouth for 30-40 years without any problems, even for a lifetime. Therefore, some dental implant manufacturers have started to market implants with a lifetime warranty under certain conditions.

# Who is not suitable for dental implants?

Dental implants are applied to anyone after the adult status who has gone through puberty. However, implants are not suitable for patients with uncontrolled diabetes and patients with bone cancer. For patients who use blood thinners, prior consultation should be made with their physicians.

# I've lived with my dentures for years...?

Radiographic evaluation is important for our patients who have been using prostheses for a long time. Many evaluations such as the state of the bone level, crest width should be made.

If all criteria are suitable for implant construction, the application can be performed. If not; Additional procedures such as sinus lifting may be required.

#### Why do so many people prefer dental implants?

Dental implants are important for jawbone and gum health. It is also an advantage to be treated without touching neighboring teeth. It can be used for a lifetime. It provides self-confidence both functionally and aesthetically.

#### Can any dentist provide my dental implant?

The experience of the dentist who will apply the implant is very important. Care should be taken to ensure that the dentist is trained and experienced. If an implant decision has been made, a good research should be done on this subject and the right physician should be found.

# Where can I find a knowledgeable dental implant dentist?

As with all surgical procedures, your implant procedure will begin in consultation with your dentist. After discussing your expectations after the procedure, your dentist will evaluate your suitability for the procedure, your chances of healing and any problems that may affect the long-term success of your implants. During the consultation, be sure to ask all the questions to be asked about the procedure.

Your dentist will want to find out if you have any ailments, if you are using certain medications that may make your recovery difficult or cause other problems after the procedure.

Make sure the dentist can answer all your questions, make you feel comfortable and safe. Apart from that, looking at the before and after photos of the dentist's work will also be of great help.

You can even contact previous patients if possible. The advice of someone who has had implant treatment before is invaluable.

# How long does it take to replace teeth using dental implants?

Two sessions are required for placing your dental implant and placing the tooth on it. The placement of your implant varies between 1 and 3 hours depending on the number of implants to be applied. The period of integration of your implant, which we call the healing period, with the bone can vary between six weeks and six months. When this time is up, your new tooth is now ready to be built on your implant.

# Are dental implants safe?

Dental implants that have been applied for more than 50 years are considered an extremely safe procedure.

# Can my child get dental implants?

If your child has lost a tooth, you should know that there are many ways to fix it. Even if dental implants are not a cure for girls 16 boys before the age of 18, there are many ways to replace missing teeth. To learn these methods, you can make an emergency dentist appointment or get support from the pediartic dentistry service.

# What are the negative effects of dental implants?

As in every application and operation, there may be risks in dental implants. Consultation should be done correctly, attention should be paid to post-application procedures and precautions should be taken to minimize these minor risks. If oral care is not taken care of, if smoking is very high, if the drugs given after the procedure are not used, infection may occur at the implant site. If a correct planning is not made as a result of the tomographic examination before the procedure, after the operation, nerve damage may occur in your teeth, gums, lips or jaw that may cause pain, numbness or tingling.

# Does it hurt to get dental implants?

Dental implant application is performed under local anesthesia. No pain is felt during the procedure. After the procedure, if you use the medications given, you will have a smooth recovery process. Sedation and general anesthesia options are also available for our patients with dental phobia.

## How many days rest after dental implant?

Since local anesthetics are used in routine implant applications, they do not affect daily life. You can return to your normal life 2 hours after the procedure, that is, after the effect of the anesthetic solution has passed (this period may increase in some individuals). This period does not exceed 2 days. If you strictly follow your doctor's warnings, this period will never be prolonged.

#### Can dental implants be put in one day?

You heard that dental implants can be done in a day, but isn't that realistic? In a few hours, the tooth is extracted, your implant is placed and a <u>crown</u> can be placed on it. However, for this, your jawbone must be in really good condition and the healing time of the implant you have chosen must be good.

#### Will I be toothless after dental implants?

No, temporary teeth can be prepared for you to use during the recovery period after implant application.

#### How much do dental implants cost?

Dental implant prices vary according to the brand. In Turkey, implants prices start from GBP 300 and GBP is up to 750.

#### Is there a relationship between implant treatment and general health status?

Implant planning and application is performed by evaluating the general health status of the patients. Implants can be applied to any patient in good general health. But; In patients with general health problems, implant planning is made after contacting the follow-up doctor and obtaining information. If he does not have a regular doctor; the patient is directed to the appropriate department. After the necessary examinations are made and the doctor's warnings are taken into account, the patient can be planning an implant.

#### Is an implant required for each tooth?

Implants are not required for every tooth. The number of implants varies according to the oral condition of the patient. An implant for every tooth is not a treatment option that is applied too much. Sufficient diameter and length of the implant enables the use of implants as a bridge. At the same time, an implant for each tooth is difficult for the patient in terms of cost. But we should not forget that we never attach prosthesis from implant to tooth.

# Can the implant be applied immediately in cases where my tooth needs to be pulled out?

It can be applied if there is no infection in the extracted tooth, if the surrounding tissues are healthy, and if there is enough bone. However, in some cases, it may be necessary to use bone powder to support the implant. Thus, new bone formation can be achieved by filling the remaining spaces due to the tooth extracted with the implant.

# I have no teeth in my mouth. I am not satisfied with the removable prostheses I use. At least how many implants can a fixed prosthesis be made?

In normal practice, if the bone level is suitable, 6-8 implants in the upper jaw, 6-7 implants in the lower jaw, a total of 12-15 implants can be used. In cases where the bone level is not sufficient or if you have regional bone, 4 implants can be applied in the upper jaw, which we call all on 4, and 4 in the lower jaw.

Please review; Full mouth implant options



## Is smoking an obstacle to implant application?

Smoking does not pose any obstacle to implant construction. But; Intense smoking seriously affects the life of the implant. Since it reduces bone blood supply, it may cause recession in the bone and gums. A patient who never smokes is more advantageous.

# Is diabetes (diabetes) an obstacle to implant application?

Diabetes is not an obstacle to implant application. But; Since wound healing is delayed in diabetic patients, a strict and long-term follow-up is required. In addition, patients with diabetes (diabetes) should be controlled. Application is risky in uncontrolled diabetic patients. There is a risk of infection. Therefore, diabetes should be taken under control.

#### How is online consultation done?

For <u>online consultation</u>, you need to send us your front, side, lower jaw and upper jaw photos that we can see inside the mouth, and your prosthesis photos if you are using our whatsapp line. This allows us to provide you with an estimated plan. If you send a panoramic x-ray with pictures, this will allow us to provide you with a precise and stable treatment plan when you arrive.

# **Dental Clinic Turkey**

"Smile to life with us..."

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